

Internal Medicine Grand Rounds

Texas Health Presbyterian Hospital Dallas, Fogelson Bldg., Haggard Hall, 8200 Walnut Hill Lane, Dallas, TX 75231
Noon – 1 p.m.

ENDOCRINE AND METABOLIC DISEASE

January 4, 2017

“An Update on the 2015 American Thyroid Association Guidelines for Management of Thyroid Nodules”

Jaime Wiebel, M.D.

Endocrinologist, Endocrine Associates of Dallas, LLC, Dallas, Texas

Objectives:

- Identify sonographic characteristics that are associated with benign and malignant nodules.
 - Discuss the appropriate use of molecular testing for thyroid nodules.
- Review the appropriate primary treatment for indeterminate and malignant thyroid nodule.

January 11, 2017

“Update on Weight Loss Research and Clinical Trials”

Audrey Miklius, M.D.

Endocrinology, Diabetes, and Metabolism, Endocrine Associates of Dallas, LLC, Dallas, Texas

Objectives:

- Review recent research in lifestyle and medication weight loss interventions.
 - Identify factors in individual variability in weight control success.
 - Discuss the challenges in maintaining weight loss.

January 18, 2017

“My cholesterol has never been so low!” - Lowering LDL-C with PCSK9 inhibitors

Zahid Ahmad, M.D.

*Assistant Professor, Division of Nutrition and Metabolic Diseases, Center for Human Nutrition, Department of Internal Medicine
UT Southwestern Medical Center – Dallas, Texas*

Objectives:

- Review the history of PCSK9.
 - Discuss the safety and efficacy of the 2 currently available PCSK9 inhibitors.
- Identify the similarities and differences between the currently available PCSK9 inhibitors.

January 25, 2017

“Should Pre & Postmenopausal Women be Treated with Androgen”

Bruce Carr, M.D.

Professor, Obstetrics and Gynecology, UT Southwestern Medical Center – Dallas, Texas

Holder, Paul C. MacDonald Distinguished Chair in Obstetrics and Gynecology, UT Southwestern Medical Center – Dallas, Texas

Objectives:

- Discuss the relationship of androgens levels and libido in women.
- Review the effectiveness of androgen therapy on libido in women.

Target Audience: Internal Medicine Physicians, Residents, Physician Assistants, Nurse Practitioners, Nurses, Allied Health

Program Director: Richard Sachson, M.D. – *Endocrinology, Diabetes, and Metabolism, Texas Health Presbyterian Hospital Dallas – Dallas, Texas*

Format: Didactic Lecture with Question and Answer Session

Accreditation: Texas Health Research & Education Institute is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Texas Health Research & Education Institute designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Additional Information: For more information, please call 214-345-2322 or visit our website TexasHealth.org/CME.

Doctors on the medical staff practice independently and are not employees or agents of the hospital except resident doctors in the hospital's graduate medical education program.