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Doctors on the medical staff practice independently and are not employees or agents of the hospitals or Texas Health Resources except resident doctors in the hospital's graduate medical education program.

**Target Audience:** Internal medicine physicians, residents, physician assistants, nurse practitioners, nurses, and allied health professionals

**Program Directors:** **Tony Babb, Ph.D.** – professor, Institute for Exercise and Environmental Medicine (IEEM)  
Texas Health Presbyterian Hospital Dallas | UT Southwestern Medical Center – Dallas, Texas  
**David Gonzales, M.D.** – chairman, Department of Internal Medicine  
Texas Health Presbyterian Hospital Dallas – Dallas, Texas

**Format:** Didactic lecture with question-and-answer session

**Accreditation:**

In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Texas Health Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria

**Designation of Credit:**

**Physicians:** The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** 1 contact hour will be provided for nursing.

**Physicians Assistants:** This activity is designated for 1 AAPA Category 1 CME credit. PAs should only claim credit commensurate with the extent of their participation.

**May 4, 2022**

**“A New Era of Physical Activity in Hypertrophic Cardiomyopathy”**

**James MacNamara, M.D.**

Assistant Professor | Department of Internal Medicine | Division of Cardiovascular Medicine  
UT Southwestern Medical Center – Dallas, Texas

**Objectives:**

- Discuss the updated recommendations for physical activity for patients with hypertrophic cardiomyopathy
- Review the current data regarding safety and efficacy of exercise training in patients with hypertrophic cardiomyopathy
  - Discuss the current evidence of how cardiac myosin inhibitors affect fitness and quality of life in patients with hypertrophic cardiomyopathy

**May 11, 2022**

**“Phenotyping Exercise Intolerance in Heart Failure with Preserved Ejection Fraction”**

**Christopher M. Hearon Jr., Ph.D.**

Assistant Instructor, Applied Clinical Research  
UT Southwestern Medical Center – Dallas, Texas

**Objectives:**

- Discuss the potential exercise limitations in individuals with HFpEF
- Review current evidence regarding exercise training in individuals with HFpEF
- Describe how cardiopulmonary exercise testing can be used to phenotype exercise intolerance in individuals with HFpEF

**May 18, 2022**

**“TBA”**

**Speaker Pending**

**Objectives:**

- Pending

**May 25, 2022**

**“TBA”**

**Speaker Pending**

**Objectives:**

- Pending

