

# Internal Medicine Grand Rounds

**\*\*Video Broadcast via Microsoft Teams\*\***

## OCTOBER 2020 – GASTROENTEROLOGY MONTH

**October 7, 2020**

### “Non-Alcoholic Steatohepatitis (NASH): An Update and Practical Approach”

**Lafaine M. Grant, M.D.**

*Associate Professor, Department of Internal Medicine, Gastroenterologist  
UT Southwestern Medical Center – Dallas, Texas*

**Objectives:**

- Identify patients at risk for NAFLD.
- Discuss how to risk stratify patients into low risk fatty liver disease versus those with steatohepatitis and fibrosis.
  - Review general management and future treatment directions.

**VIDEO  
BROADCAST**

**October 14, 2020**

### “Understanding Inflammatory Bowel Disease: Pearls and Pitfalls”

**Shivi S. Siva, M.D.**

*Assistant Clinical Professor, Division of Digestive Diseases  
University of Mississippi Medical Center – Jackson, Mississippi*

**Objectives:**

- Assess common IBD mimics in patients with abdominal pain and diarrhea that may improve early diagnosis, patient management, and outcomes.
- Examine the common case scenarios of IBD to better understand how specific therapies to aid in the treatment of mild to severe ulcerative colitis.
  - Formulate an optimal multidisciplinary treatment plan for patients with IBD based on Guidelines as per the American Gastroenterological Association.

**October 21, 2020**

### “Everybody Wants to Go to Heaven, but Nobody Wants to Die – An Update on Medical Ethics”

**Richard L. Voet, M.D., M.A.**

*Chairman, Department of Pathology & Bioethics Committee – Texas Health Presbyterian Hospital Dallas – Dallas, Texas  
Associate Clinical Professor – University of Texas Southwestern Medical School – Dallas, Texas*

**Objectives:**

- Explain how medical advances have complicated end of life decisions.
  - Identify the role and limitations of Advance Directives.
  - Discuss the role of the Bioethics Committee.

**October 28, 2020**

### “Colorectal Cancer Screening and Prevention: Current Challenges”

**Samir Gupta, M.D., MSCS, AGAF**

*Professor, Division of Gastroenterology, Department of Internal Medicine  
Co-Lead, Cancer Control Program, Moores Cancer Center  
University of California San Diego Medical Center – San Diego, California*

**Objectives:**

- Discuss the current epidemiology of colorectal cancer.
  - Identify the key options for colorectal cancer screening, and rationale for offering options.
- Describe differences in risk for incident CRC between patients with normal colonoscopy and different types of polyps.
  - Identify key current challenges to colorectal cancer screening and prevention related to uptake, quality, early age onset colorectal cancer, and the COVID-19 pandemic.

*Doctors on the medical staff practice independently and are not employees or agents of the hospitals or Texas Health Resources except resident doctors in the hospital's graduate medical education program.*

**Target Audience:** Internal medicine physicians, residents, physician assistants, nurse practitioners, nurses, allied health

**Department Chair:** Mark Feldman, M.D., FACP – William Tschumy Chairman, Department of Internal Medicine; Medical Director for Research  
Texas Health Presbyterian Hospital Dallas – Dallas, Texas

**Program Director:** Rajeev Jain, M.D. – *gastroenterologist*, Texas Health Presbyterian Hospital Dallas – Dallas, Texas

**Format:** Didactic lecture with question and answer session

**Accreditation:**

In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Designation of Credit:**

**Physicians:** The Texas Health Resources designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Ethics:** The presentation, “Everybody Wants to Go to Heaven, but Nobody Wants to Die – An Update on Medical Ethics”, has been designated by Texas Health Resources for 1 credit of education in medical ethics and/or professional responsibility.

**Nurses:** 1 contact hour will be provided for nursing.



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