

## **Mentorship Guidelines**

### Upper Level Resident (ULR) mentor – New Resident mentee

- Goals:
  - Provide practical information to new residents
  - Provide collegial support during new resident's first year at the program
- Expectations:
  - ULR will provide non-judgmental support and remain available to new resident mentee throughout the year.
  - ULR will serve as a model of professionalism and integrity.
  - ULR will introduce themselves to new resident mentee this July and answer any pragmatic questions new resident may have.
  - ULR will check in with new resident mentee once monthly throughout the academic year.
  - For any questions that go beyond the basics or practicalities, please refer new resident to a Faculty member or Program Administration.
  - For any concerns about the physical or mental health of new resident, please reach out to a Faculty member or Program Administrator for assistance.